HEALTH AND WELLNESS COMMITTEE OF THE COA Meeting Notes March 5, 2013 9am-10:30am

In Attendance: Revathi Vikram, Tammy Duell, Lance Fitzpatrick, Barbara Mulitz, Myrna Copperstein, Chuck Kauffman, Beth Shapiro, Marcia Pruzan, Shawn Brennan

Topic	Discussion Points	Decisions/follow-up
Reports/Updates	a. Healthy Montgomery (Tammy Duell)	No new updates. The Healthy Montgomery Steering Committee did not meet since the last HW Committee Meeting.
	b. Commission on Health	Marcia Pruzan to attend HW Committee Meetings when she is able to represent the COH.
	c. Recent Letters of Support	The HW Committee recently drafted letters for COA support of a senior fire safety education position, future HW programs offered by the Montgomery County Recreation Department, notification to patients on hospital observation (proposed bill), and protection from criminal charges for caregivers- medical marijuana (proposed bill).
Health and Wellness Related Bills	Tammy and Rev lead a discussion of the following Senior Health and Wellness bills: Nursing Home Sex Offender – Barbara Mulitz Alzheimer's Disease and Related Disorders Council	Following a lengthy and dynamic discussion, the HW Committee decided to recommend support of the following bills:
	Advance Directive Registry	Alzheimer's Disease and Related Disorders

	Palliative Care Telemedicine Workplace Violence Training – Healthcare Facilities Mental Health Motor Vehicle Yellow Dot	Council, Advance Directive Registry, and Palliative Care.
Budget Priorities	Respite Services Program – The manager of Community Support Network, Lauren Newman, provided a summary of Montgomery County's Respite Services and the need for additional funding to support caregivers with more respite hours. She also discussed how the intake process recently changed to encourage serving more clients, not the same clients each month. She also said more outreach to diverse groups is planned.	Ms. Newman will gather data on the program and submit it to the HW Committee for review. The HW Committee may recommend support for additional funding in the County's FY14 budget.
Social Isolation	Beth Shapiro and Shawn Brennan proposed some ideas to decrease social isolation.	Beth plans to try out some of their ideas with Coming of Age participants.
Summer Studies	The committee discussed possible summer study topics including fire safety, recreation department programming, and caregiving. Tammy and Rev explained the timeline for summer study submission and selection. Proposals are usually due in early May and selected at the annual meeting in May. Summer studies are held over the summer months. Summer study topics can be submitted by a committee or by individual commissioners.	Asked members to consider topics that the committee may want to propose for discussion at the next HW meeting.
Next Meeting:	Tuesday, April 2, 2013 9:00 a.m10:30 a.m.	401 Hungerford Drive 7 th Floor Conference Room Rockville, Maryland